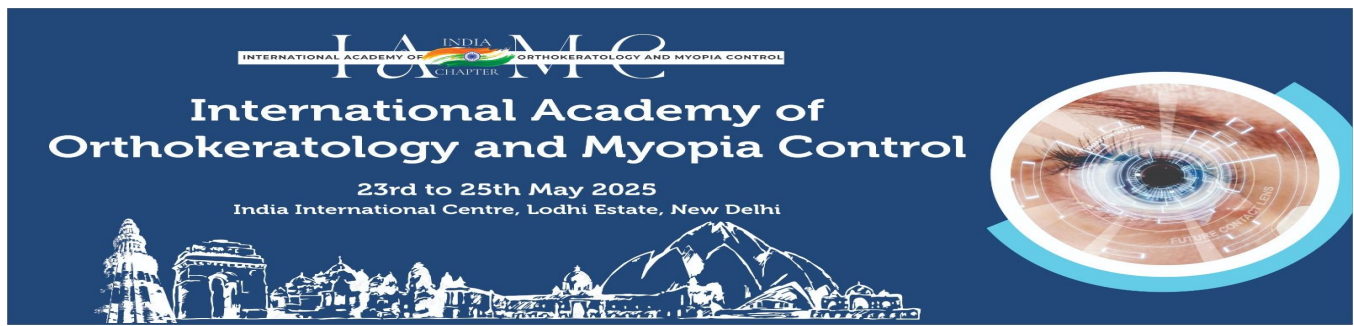




| Scientific Programme                                    |                                                                                                         |                                           |
|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-------------------------------------------|
| Day 1                                                   |                                                                                                         |                                           |
| Friday, 23rd May 2025                                   |                                                                                                         |                                           |
| 08:00 Onwards                                           | Registration                                                                                            |                                           |
| Hall Multipurpose                                       |                                                                                                         |                                           |
| 09:00 - 09:15                                           | Opening and Lighting of Diya (Lamp lighting - Hindu ceremony for prosperity and an auspicious occasion) |                                           |
|                                                         | Session 1- Myopia Risk Factors and Environment                                                          | Speaker                                   |
| 09:15 - 09:35                                           | Global context of myopia                                                                                | Dr. Langis Michaud                        |
| 09:35 -09:55                                            | Understanding emmetropization and axial Length growth                                                   | Dr. Langis Michaud                        |
| 09:55 - 10:15                                           | Risk factors of myopia development                                                                      | Dr. Langis Michaud                        |
| 10:15 - 10:35                                           | Environment as a factor of optical stimulation                                                          | Dr. Langis Michaud<br>Dr. Marino Formenti |
| 10:35 - 10:55                                           | Working distance - Intensity of near work                                                               | Dr. Marino Formenti                       |
| 10:55 - 11:15                                           | Outdoor/Ambient lighting                                                                                | Dr. Pavan Verkichala                      |
| 11:15 - 11:45                                           | Tea / Coffee Break                                                                                      |                                           |
| Session II- Manage Myopia with Optics                   |                                                                                                         | Speaker                                   |
| 11:45 - 12:05                                           | Pre-myopia - what should we do about this?                                                              | Dr. Marino Formenti                       |
| 12:05 - 12:25                                           | Optimization of refractive and Binocular Vision examination                                             | Dr. Marino Formenti                       |
| 12:25 - 12:45                                           | The diagnosis of visual dysfunction in Myopia Management                                                | Dr. Marino Formenti<br>Dr. Manish Dahal   |
| 12:45 - 13:05                                           | The interventions. Monitoring evolution with biometry                                                   | Dr. Langis Michaud<br>Dr. Jaume Paune     |
| 13:05 - 13:10                                           | Sponsored talk                                                                                          | PRECILENS                                 |
| 13:10 - 14:00                                           | Lunch Break                                                                                             |                                           |
| Session III- Manage Myopia with Optics and Pharmacology |                                                                                                         | Speaker                                   |
| 14:00 - 14:20                                           | Low-Level Red-Light (LLRL) Therapy                                                                      | Dr. Jagrut Lallu                          |
| 14:20 - 14:40                                           | Pharmaceutical update: low dose atropine                                                                | Dr. Rohit Saxena                          |
| 14:40 - 15:00                                           | Optical update: Ophthalmic lenses                                                                       | Dr. Langis Michaud                        |

|                           |                                                                                                                                              |                                            |
|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| 15:00 - 15:20             | Optical update: Soft Contact lenses for myopia management                                                                                    | Dr. Jaume Paune                            |
| 15:20 - 15:40             | Optical update: Orthokeratology                                                                                                              | Dr. Jaume Paune                            |
| 15:40 - 16:00             | Combination therapy: Optical techniques and Atropine/LLRL                                                                                    | Dr. Jaume Paune                            |
| 16:00 - 16:05             | Sponsored talk                                                                                                                               | OCULUS                                     |
| 16:05 - 16:30             | Tea / Coffee Break                                                                                                                           |                                            |
| Session IV- Interventions |                                                                                                                                              | Speaker                                    |
| 16:30 - 17:00             | Managing Myopia case by case - what you need to know!                                                                                        | Dr. Langis Michaud<br>Dr. Pavan Verkichala |
| 17:00 - 17:30             | Workshop                                                                                                                                     | EUCLID                                     |
| 19:00 onwards             | Gala Dinner                                                                                                                                  |                                            |
|                           |                                                                                                                                              |                                            |
| Day 2                     |                                                                                                                                              |                                            |
| Saturday, 24th May 2025   |                                                                                                                                              |                                            |
| 08:00 Onwards             | Registration                                                                                                                                 |                                            |
| Hall Multipurpose         |                                                                                                                                              |                                            |
| 09:30 - 10:00             | Axial length measurement - Why it is crucial?                                                                                                | Dr. Pavan Verkichala                       |
| 10:00 - 10:50             | Free Paper Presentation                                                                                                                      |                                            |
| 10:00 - 10:10<br>(8+2)    | Progression of myopia in school-aged children during COVID-19 era with home confinement-presented to a tertiary eye care center              | Sony Singh                                 |
| 10:10 - 10:20<br>(8+2)    | A Combined Approach for Progressive Myopia: Combination Therapy                                                                              | Kiranmayi Chappidi                         |
| 10:20 - 10:30<br>(8+2)    | Effectiveness of Orthokeratology in Controlling late adolescence-Onset Myopia: A Case report                                                 | Kiranmayi Chappidi                         |
| 10:30 - 10:40<br>(8+2)    | Knowledge, attitude, practice and barriers towards use of orthokeratology lenses for myopia management among eye care practitioners in India | Manikanda Prabhu                           |
| 10:40 - 10:50<br>(8+2)    | Myopia Control in High Myopia: A Case Presentation                                                                                           | Sanjay Arora                               |
| 10:50 - 10:55             | Sponsored talk                                                                                                                               | HOYA                                       |
| 10:55 - 11:25             | Tea / Coffee Break                                                                                                                           |                                            |
| 11:25 - 11:45             | Designing and Fitting Orthokeratology lenses                                                                                                 | Dr. Jagrut Lallu                           |
| 11:45 - 12:05             | Corneal Topography Capture and Interpretation                                                                                                | Dr. Jagrut Lallu                           |
| 12:05 - 12:25             | What can Fluorescein tell us about Orthokeratology lens fitting                                                                              | Dr. Jaume Paune                            |
| 12:25 - 12:45             | Fitting Orthokeratology from A to Z                                                                                                          | Dr. Jagrut Lallu                           |
| 12:45 - 13:05             | Troubleshooting Orthokeratology                                                                                                              | Dr. Jaume Paune                            |
| 13:05 - 13:10             | Sponsor talk                                                                                                                                 | SEED                                       |
| 13:10 - 14:00             | Lunch Break                                                                                                                                  |                                            |
| 14:00 - 14:20             | Optimising Orthokeratology for Myopia Management                                                                                             | Dr. Langis Michaud                         |
| 14:20 - 14:40             | It's Monday - now lets implement Orthokeratology!                                                                                            | Dr. Jagrut Lallu                           |

|                              |                                                                          |                                        |
|------------------------------|--------------------------------------------------------------------------|----------------------------------------|
| 14:40 - 15:00                | Informed Consent and Good Practice                                       | Dr. Marino Formenti                    |
| 15:00 - 15:20                | Global Research update - What did we learn in 2024 about Orthokeratology | Dr. Langis Michaud                     |
| 15:20 15:40                  | Closing Ceremony                                                         |                                        |
|                              |                                                                          |                                        |
| Day 3                        |                                                                          |                                        |
| Sunday, 25th May 2025        |                                                                          |                                        |
| Hands On: Practical Seminars |                                                                          |                                        |
| Practice Day                 |                                                                          | Rotating Workshops                     |
| 09:00 - 10:15                | Binocular Vision and Myopia Management Workshop                          | Dr. Marino Formenti<br>Dr Manish Dahal |
| 10:15 - 10:45                | Tea / Coffee Break                                                       |                                        |
| 10:45 - 12:00                | Corneal Topography Capture Workshop                                      | Dr. Jagrut Lallu                       |
| 12:00 - 13:15                | Biometry and practical myopia management workshop                        | Dr. Jaume Paune                        |
| 13:15 - 14:00                | Lunch Break                                                              |                                        |